



# MANLY FRESHWATER CATHOLIC PARISH

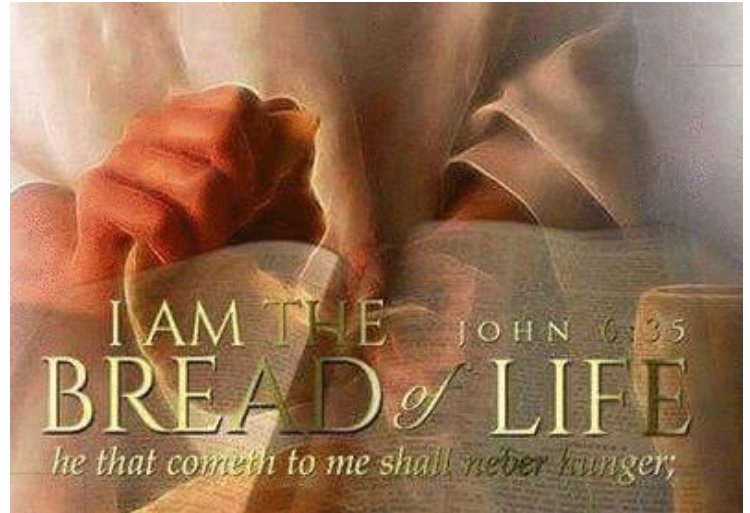
Mary Immaculate and St John the Baptist Churches

18th Sunday in Ordinary Time – 1st August 2021

Dear Friends,

As we continue with the current lockdown we may find ourselves a little lost. Chapter 6 of John Gospel from which we read every Sunday for the next four weeks encourages us to think more deeply about the importance of Jesus Christ in our lives. If distance makes the heart grow fonder, hopefully our distance from Sunday Mass will increase our fondness for the Word of God and the Eucharist.

If you find you have some extra time please take a look at **"What is Sycamore"** [www.sycamore.fm](http://www.sycamore.fm) which is also printed in this bulletin. This week we look at **"What Is Faith"** which includes a few questions for us to mull over. There will be a different topic each week.



Fr John and I continue to remember you in our prayers and daily Mass. If you need to speak with one of us please ring the Parish Office 9977 5822 or for out of office hours and emergencies please call the Presbytery 99772100

Jesus is apparently speaking to two groups: those who witnessed the miracle of the loaves (last Sunday's Gospel) and those who did not see the miracle but have heard about it and want to see a similar sign for themselves. To the former, Jesus tells them that there is something much deeper in this event than "perishable food" being multiplied; the real "food" is the word of God proclaimed, its power and authority manifested in the miracles of the loaves.

To the latter group who seek a sign as the Israelites sought a sign from Moses, Jesus reminds them that it was not Moses himself but God working through Moses that provided their "grumbling" Exodus ancestors with bread in the desert (recalled in today's first reading from Exodus). God has given his people new bread for the new covenant – the Risen Christ.

**Reflection:** A life of true joy and meaning is driven not by "perishable" material things and fleeting experiences but by the "nonperishable" values of God.

The crowds in today's first reading from Exodus and Gospel reading from John are typical: the starving Israelites turn on Moses and demand that God do something and the crowds want to make Jesus the Miracle-worker their king but will later have nothing to do with Jesus the Crucified. Discipleship requires constancy and courage to stand with the suffering Jesus so that, one day, we might stand with the Risen Jesus.

The Eucharist demands more than the opening of our hands to take and our mouths to consume – the Eucharist calls us to open our hearts and spirits, as well, so that we may become what we receive.

Jesus calls us to get beyond our desire for instant gratification and quick fixes and discover the Word of God – "food that endures" – creating and animating our lives and our world  
*connectionsmediawork*

LIVE STREAMING OF MASS

**On Facebook – [manlyfreshwaterparishfacebook](https://www.facebook.com/manlyfreshwaterparishfacebook) -Sunday 8:30am Mass**

**Pope Francis Prayer Intention for August: The Church** Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel

*Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our community*

LET US PRAY FOR

1st August 2021

Recently Deceased: Erroll

Anniversary: Margaret Santos, Tony Randazzo, Ginnie (Gioconda) Rossini, Monica Browett, Robyn Fenn

Prayers for the sick in our parish "Lord, grant them and their carers strength and courage"

Gavin Greenwood, Brian Gregan, Mark Taylor; Kay Flenady; Leon Cochrane; Robina Dwyer; Prionsias Kearney; Brian Davies; Debbie Vernon; Lauren Hannahan; Rosalba Galuis; Judith McKenzie; Jonathan Keil; Wayne Smedley; Margaret Burridge; Jill Carmichael; Stephen Robertson; Richard & Cynthia Connolly; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Sheila Lee; Chrissy Brunsdon; Belinda Nicholls; Jacqui Dawson; Marty O'Donnell; Pat Smith; Bozena (Bonni) Covic; Gerry Ring

August 2021

Year B

Mon 2/8 – 18th week in Ord Time

Num 11:4-15; Mt 14:13-21

Tue 3/8 – St Dominic

Num 12:1-13; Mt 14:22-36

Wed 4/8 – St John Vianney

Num 13:1-2,25-14:1,26-29,34-35; Mt 15:21-28

Thurs 5/8 – 18th week in Ord Time

Num 20:1-13; Mt 16:13-23

Fri 6/8 – The Transfiguration of the Lord

Dan 7:9-10,13-14; Mk 9:2-10

Sat 7/8 – 18th week in Ord Time

Deut 6:4-13; Mt 17:14-20

Sun 8/8 – St Mary of the Cross

1 Kg 17:8-16; Col 3:12-17; Mt 6:25-34

### PARISH SOCIAL MEDIA

**Parish facebook:** facebook.com/manlyfreshwaterparish

**Parish website:** bbcatholic.org.au/manlyfreshwater



If you are a new parishioner to Manly Freshwater Parish, we invite you to complete a Parish census form. This will assist us in updating our records to include you and your family in our parish community activities.

**DUE TO THE LOCKDOWN NO GROUPS ARE MEETING ONSITE**

### PARISH WEEKLY EVENTS

- Christian Meditation: Tues 6pm in the Parish Centre
- Craft Group: Tues 10:00am in the Parish Centre
- Divine Will Prayer Group: Mon 11:00am in the Parish Centre
- Eucharistic Adoration: Manly Adoration on Wed 6pm with Divine Mercy Hour from 7pm – 8pm
- Lectio Divina: Tues 7.30pm and Weds 10am in the Parish Centre
- Piety Store: call Parish Office
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822

### PARISH MONTHLY EVENTS

- Baptisms: By appointment enquires to Parish Office
- Crazy Whist: last Tuesday each month 10am Parish Centre
- Parish Pastoral Council: contact Parish Office
- St Joseph's Men's Group 1<sup>st</sup> Thurs each month
- St Vincent de Paul: Manly & Freshwater 2nd Mon each month at 5:30pm
- Youth Mass 3rd Sunday of each month at 6pm.
- Young Adults Group – 2nd and 4th Thursday of each month at 7pm.

Thank you  
FOR YOUR SUPPORT

Dear Friends

Last year's lockdown and then our disappointment of not being able to celebrate Christmas and New Year, and now this new lockdown seems even more disappointing than we can imagine. As annoying as this lockdown may be for us, many of us appear to be coming to terms with it and accepting these restrictions as necessary. I am particularly thinking of families with young children who just want to be playing with their friends and those who are home alone.

I would like to take this opportunity to express my personal and heartfelt thanks for your continued generosity in financially supporting our Parish Community. I am especially mindful of your generosity in enabling the Parish to meet its regular financial commitments, to reach its 2020/2021 Charitable Works Funds quota, and for the continued support of Fr John, Martino our Seminarian and myself. I know that many of you in your generosity are making substantial sacrifices and which I never take for granted.

We look forward to warmer weather and our being able to gather together for Sunday Eucharist and Parish Celebrations.

May God Bless you,  
Fr David Taylor

**Safeguarding:** A child safe and friendly Parish values children and understands safety doesn't just happen. A commitment to protecting children is embedded in the Parish's culture and is understood and accepted by everyone!



### Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.

COMING SOON...

## ZOOM ZOOM ZOOM



During lockdown, our Lectio groups have continued meeting each week using zoom.

As a parish, we are exploring how other groups might be able to meet using the benefits of technology. Ideally we can have regular scheduled meeting times each week, helping us to remain connected as a community until we can gather in real life again. More information to follow.



### WOULD YOU LIKE TO MAKE A DONATION?

Please scan the QR code for Credit Cards donations



or director deposit details are below

**New: Scan to Donate** using the QR code to access our BPoint Donation page. You will then be able to click the BPoint logo on the webpage to take you to the payment page. This secure system provided by the Commonwealth Bank Australia will give you the option of having your receipt emailed to you.



### 2nd collection Parish Bank

**Account** Funds the running of the Parish

Account Name: Manly Freshwater Parish  
Bank Name: Commonwealth Bank  
Account # 100002025 BSB: 062 784

### 1st collection Parish Bank Account

Supports our Priests

Account Name: Manly Freshwater Parish Pastoral  
Bank Name: Commonwealth Bank  
Account# 13958002 BSB: 062 784

**Thank you for your ongoing support of the Parish.**



It would be good to ask ourselves every day: "What do I bring to Jesus today?". He can do a lot with one of our prayers, with a gesture of charity for others. This is how God loves to act: He does great things, starting from those small things



### What is Sycamore?

[www.sycamore.fm](http://www.sycamore.fm)

Sycamore is an informal program about the Christian faith and its relevance for life today.

Each session involves a short film which explore your beliefs and help you to think about questions that really matter. This program can be done individually, with couples or families. We encourage you to please take a look at this excellent program.



Each week the Sunday Mass is broadcasted on Channel 10 at 6.00am.

## National Homelessness Week, 1 - 7 August 2021

**On any given night, 116,000 people in Australia are experiencing homelessness, which, is not 'rooflessness'.**

Only 7% of people without a home are sleeping rough. The vast majority of homelessness is hidden – people in crisis accommodation, rooming houses, insecure housing, overcrowded dwellings, or couch surfing. A home means security, stability, privacy, safety, and being able to control your space.

Catholic Care is the welfare agency in our Diocese and they provide a range of services to assist those experiencing homelessness. For more information about their services <https://www.catholiccaredbb.org.au/family-youth-children/housing-homelessness/>



During **Homelessness Week**, one practical way you can help is by making an online donation to CatholicCare's '**Shout a Mate a \$6 plate**' fundraiser for Mary Mac's Place. The link is <https://www.catholiccaredbb.org.au/shout-a-mate-a-plate/>.



**Are you struggling to pay the bills? CatholicCare can help with Coles or Woolworths vouchers.**

Times are tough. You might have lost work due to the lockdown, or you might be finding it hard to put food on the table. Please call CatholicCare on (02) 9481 2600 or email them at [info@catholiccaredbb.org.au](mailto:info@catholiccaredbb.org.au). They are here to help our parish families.

Please note this support is able to be offered due to Government funding so they will require ID and some documentation to access assistance but they can walk you through the requirements.



**On Sunday 21<sup>st</sup> November we come together to celebrate St John the Baptist Church's 100 year Anniversary.**

Please save the date in your diary for a fun filled day.



**"What the Parish means to me..."**

**" Parish Remembrance Book**

As part of the many 100<sup>th</sup> Anniversary celebrations, we would like everyone to participate in a joint project to create a Parish Book. The theme is "What the Parish means to me..."

We would like a one-page contribution from everyone, including children. You can hand write or compile a word document and email it to Parish the office. You can include your name and photos or be anonymous. It is your choice. These will be professionally laid out in a coffee table type book and be on display in the church, in time for the November Anniversary.

**St John the Baptist School News:** As we settle into Home Based Learning, our teachers and students have been busy engaging in a variety of learning activities via Zoom and other online and offline applications.

Our weekly Whole School Virtual Assemblies are always enjoyable where the teachers aim to spice things up with different surprise themes such as Fancy Hat Friday or Australian Olympic Team themes! Every week Mrs van der Merwe's runs option extra activities for our students to participate in. **Last week's Lego Challenge** was very popular with some very creative submissions!



This week we celebrated the Feast Day of Saints Anne and Joachim and our own much-loved grandparents and grand friends. During class zooms the teacher's and children shared in a special prayer for grandparents along with sharing some of their favourite memories and activities that they enjoyed doing with their own grandparents and grand friends.  
Warm regards, Sharna Taranto, Acting REC



**SCRIPTURE CLASSES FROM HOME**

With our schools closed, we would like to reach out to the Children who would normally attend our Scripture classes each week We are now able to offer **Learning from Home SRE Lessons** - please go use the following link <https://www.cress.org.au/>

**OUTSIDE THE PARISH**

**Joseph House 2021-2022 Applications now open!**  
Applications are now open for Joseph House, a house of discernment in Broken Bay for young Catholic men. Email: [vocations.ministry@bbcatholic.org.au](mailto:vocations.ministry@bbcatholic.org.au) for more information



**You're invited! Please join us for a series of on-line talks about Euthanasia, Dying and the Dignity of the Human Person**

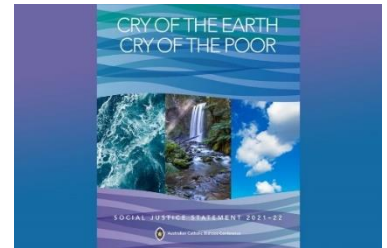
EUTHANASIA, DYING AND THE DIGNITY OF THE HUMAN PERSON  
2, 9 & 16 AUGUST 7.30PM  
REGISTER NOW [parracatholic.org/euthanasiatalks](http://parracatholic.org/euthanasiatalks)



It's anticipated that a Bill allowing for the legalisation of euthanasia will be presented to the NSW Government in September. You are invited to a series of online talks by theological and medical specialists on the topic over three Mondays in August, co-hosted by the Dioceses of Broken Bay and Parramatta. You'll also have a chance to submit questions. **Fr David Ranson, VG**, will give the first session to be held on **2 August at 7.30pm**.

For more information or to register visit [parracatholic.org/euthanasiatalks](http://parracatholic.org/euthanasiatalks) or contact Emma Baker at [emma.baker@bbcatholic.org.au](mailto:emma.baker@bbcatholic.org.au)

**National Online Launch of Social Justice Statement 2021-22**



You are invited to attend an **on-line launch** of the Social Justice Statement for 2021-22 **Cry of the Earth, Cry of the Poor.**

This is the only statement where all the Bishops of the Australian Catholic Bishops Conference (ACBC) release a joint reflection on a particular topic annually. This year it focuses on why it is so important that we as a community respond to the Cry of the Earth and the Cry of the Poor.

All are welcome to the launch of the statement which will take place **online at 5:30pm-6:30pm on 5 August, AEST.**  
[Register here](https://zoom.us/join/register/tJYoceyrqjwiEtXlzP2Yjc9FM2hNAPTR3N9y)  
<https://zoom.us/join/register/tJYoceyrqjwiEtXlzP2Yjc9FM2hNAPTR3N9y>

You will hear from guest speakers including Bishop Vincent Long Van Nguyen OFM Conv, Chair of the ACBC Bishops Commission for Social Justice, Mission and Service. He will respond to our launch speaker and you will have the opportunity to ask your own questions about the statement and the inputs provided at the launch.

The statement *Cry of the Earth, Cry of the Poor* focuses on building the theological foundations of caring for our common home and our human family. It will also serve as a launch pad for the ACBC's 7-year journey towards the *Laudato Si' Goals*, creating a wholly sustainable Australian Church

**FEAST OF MARY MACKILLOP SUNDAY AUGUST 8**

No Masses will be celebrated at Mary MacKillop Place. The Chapel remains closed, Prayer resources are available on the website – <https://www.marymackillopplace.org.au/feast-day-resources/>

**Jubilee Mass in honour of St Dominic** will be held at St Mary's Cathedral on the **3rd August** and we would like to share with you the livestream link, so that you can join the celebration from the safety of your own home. Please join us in prayer if you can: <https://youtu.be/ZNUIVr8f2IY>

# WHAT IS SYCAMORE

<https://www.sycamore.fm>

*How can we find happiness?*

*What's the meaning of life?*

*Is there a God?*

*Does prayer make a difference*

Sycamore is an informal course about the Christian faith and its relevance for life today. It gives you space to explore your beliefs, and think about questions that really matter.

## What is faith?

In the English language, the words “belief” and “faith” have a slightly different meaning. If I say, “I believe you”, it means I think you are telling the truth. But if I say, “I have faith in you”, it means I trust you. It’s more personal. To have faith in someone is quite a big thing. It’s almost like a commitment: I think you are trustworthy and I want to be faithful to you.

Sometimes we need to move from belief to faith; from the head to the heart; from a vague opinion to a real commitment. You see this in the first Christian disciples. It took them a long time to work out what they really believed about Jesus.

When Peter is sinking beneath the waves on the Lake of Galilee he has to reach out and take the hand of Jesus. When Matthew hears the call of Jesus he has to get up, open the door, and walk out of the tax office where he is working. When the people of Jerusalem are moved by the preaching of Peter, they have to repent and be baptised. This is faith.

In the Gospels, there are some things Jesus can only do if people are willing to put their trust in him. He heals a blind man near Jericho and then says to him, “Your faith has made you well”. The miracle only took place because the man was willing to shout out and ask for the help of Jesus.

Jesus says to his disciples: Do you trust me? Are you willing to believe me? He said to the young fishermen: Are you willing to leave your nets in the boat and come with me? He said to a man he had healed: Are you willing to go home to your friends and tell them how much the Lord has done for you? He says to all of us, in different ways, are you willing to take a step and show that you trust me? That’s the meaning of faith.

### **Are Christians just stupid or are there good reasons to believe?**

Christians are required to use their intelligence; to examine things critically; and above all to seek the truth. It’s not OK to just switch your brain off. There are good reasons for believing in God, and for believing in Jesus Christ.



So you might say, “OK, then prove it to me!” And I’d reply: Maybe you are looking for the wrong thing. I can certainly give you lots of evidence. But maybe not a cast iron proof. And this is really the heart of the matter. Christianity deals with rational evidence, but not with scientific proof. They are both important. But they are not the same.

Very often, when people start to believe, it’s not one thing alone, it’s many different things coming together. It’s thinking about the existence of God; reading something in the bible; hearing the story of Jesus. It’s the goodness of a Christian friend; an experience of suffering; a glimpse of beauty. It’s a deep sense of gratitude; a coincidence that seemed to have some kind of meaning; a prayer that had some kind of answer.

These may be small things, but when you put them together they point to something much bigger, to the goodness of God, and an intuition that he has spoken to us in Jesus Christ. Yes, you need reason and logic. But it will only get you so far. You also need insight, intuition, understanding, wisdom, vision. You need to step back and see the whole.

When I put all the evidence together, I see something that makes me want to believe. There is no mathematical proof, but there is enough good evidence here for me to take a step forward. In this sense, I think there are many good reasons for us to believe.

### **How to take a step of faith**

Sometimes you hear it said that faith is a gift. And I think that’s partly true. There are stories in Christian history when someone’s life is turned completely upside down. It wasn’t part of their plan. The Holy Spirit often surprises us.

But sometimes faith feels more like a choice than a gift. I think this is more common. We can see a lot of signs, but we need to say Yes and take a personal step of faith. God invites us, but he doesn’t force our hand. He always appeals to our freedom.

There are moments when faith requires a choice, when we need to make a commitment, despite our uncertainties. It’s the same in many areas of life.

We are all invited to take a step of faith. To believe in a loving God; to believe in his Son Jesus; and to believe in the gift of his Holy Spirit to us.

What does that actually mean? It might be to share your questions with a Christian friend; to read the bible; to visit a church; to learn more about the Christian faith. These are little steps. They can be signs of faith.

Or it might be to make a prayer of faith, even a very simple one. You can do this right now in your heart; or when you are home this evening. Just to say: "Jesus, I

believe in you", or "Jesus, please help me", or "Dear God, please give me the gift of your Holy Spirit".

I promise you, that to take a small step in faith, to say a simple prayer like this, will make a real difference. It will allow God to work in your life in a new way. It could be the beginning of the most amazing adventure of faith.

## DISCUSSION QUESTIONS

- **What makes us trust some people more than others?**
- Who are the people you trust most and why?
- Do you think it is generally good to trust others?
- What other ideas or questions strike you from this part of the film?

**What were the main religious beliefs or human values or moral principles that you grew up with?**

- How have your beliefs or values changed over the years?

- What are the most important values you hold today and why?
- What other ideas or questions strike you from this part of the film?

**What do you think about the idea of taking a step of faith? Is it attractive to you? Or what holds you back?**

- Do you think faith can be justified or is it always unexplainable?
- Can you think of a risk you have ever taken? Was it worth it?
- What other ideas or questions strike you from this part of the film?

## WISDOM FROM THE BIBLE

Hebrews 11:1 "Now faith is the assurance of things hoped for, the conviction of things not seen."

Mark 5:34 Jesus says to the woman with the haemorrhage: "Daughter, your faith has made you well; go in peace, and be healed of your disease".

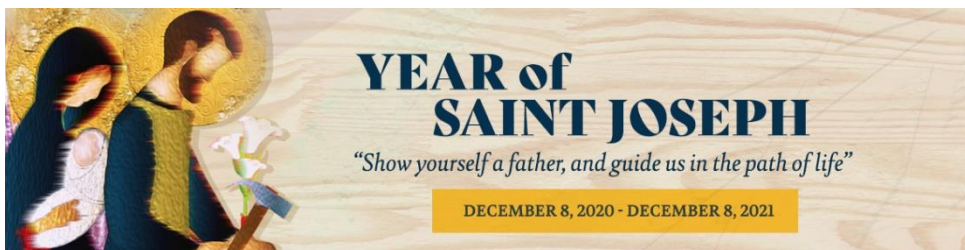
John 3:16-18 "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Mark 11:22, 24 Jesus says: "Have faith in God... Whatever you ask for in prayer, believe that you have received it, and it will be yours."

John 11:25-26 Jesus says to Martha: "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die"

John 14:12-14 Jesus says: "Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it."

John 20:28-29 "Thomas said to Jesus: 'My Lord and my God!' Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.'"



**In St Joseph's care I leave you.** Mary MacKillop (1873)

"(Joseph) employed his legal authority over the Holy Family to devote himself completely to them in his life and work. He turned his human vocation to domestic love into a superhuman (gift) of himself, his heart and all his

abilities, a love placed at the service of the Messiah who was growing to maturity in his home." *Pope Francis* ...

**In the Spirit of Joseph, How does the spirit of Joseph encourage and support you in your living today?**

Mary MacKillop encourages us to '**Apply to St Joseph with confidence in every difficulty and you will not be disappointed**' Mary MacKillop (1906)

*Sisters of St Joseph*

## 18th Sunday in Ordinary Time – YEAR B

### First Reading *Exodus 16:2-4, 12-15 (JB)*

A reading from the book of Exodus

*I will rain bread from heaven upon you.*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord. **All: Thanks be to God.**

### Responsorial Psalm *Ps 77:3-4, 23-25, 54 (JB)*

#### **R. The Lord gave them bread from heaven.**

The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. R.

He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. R.

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. R.

### Second Reading *Ephesians 4:17, 20-24 (JB)*

A reading from the letter of St Paul to the Ephesians

*Put on the new person that has been created in God's image.*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that

has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord. **All: Thanks be to God.**

### Gospel Acclamation *Matthew 4:4 (JB)*

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

### Gospel *John 6:24-35 (JB)*

A reading from the holy Gospel according to John

*Whoever comes to me will never be hungry; whoever believes in me will never thirst.*

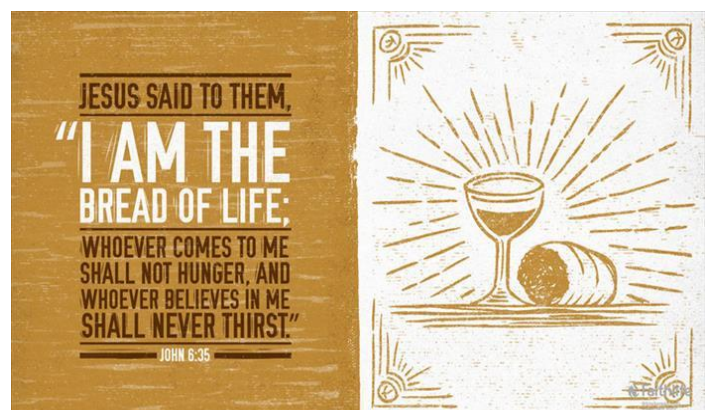
When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**





**Claudia Merkert**  
BCom LLB CPA  
Real Estate Agent

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**Parish Priest:** Fr David Taylor

**Assistant Priest:** Fr John Puliparambil  
[john.puliparambil@bbcatholic.org.au](mailto:john.puliparambil@bbcatholic.org.au)

**Seminarian:** Martino Hoang

**Parish Secretaries:** Jenny Beninati & Paula Martin

**Pastoral Coordinator:** Michelle Ellis

**Mary Immaculate Church**

6 Raglan St, Manly NSW 2095

**St John the Baptist Church**

cnr Johnson & Oliver St, Freshwater NSW 2096

**Administration Office:** 9977 5822 (Parish Office)

[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

[www.bbcatholic.org.au/manlyfreshwater](http://www.bbcatholic.org.au/manlyfreshwater)

**Presbytery:** 9977 2100

**After Hours Urgent Sick Calls:** 0499 910 010

**Parish Pastoral Council:** Paul Pervan (Chair),  
Ian Press (Deputy Chair), Margaret Dent (Secretary),  
Ivica Covic; Joanne Druery; Robert Marshall;  
Michael McGrath

**Weekend Masses:**

**Manly:** Saturday Vigil 6:00pm  
Sunday 8:30am, 10:30am, 6:00pm

**Freshwater:** Saturday Vigil 5:00pm & Sunday 9am

**Weekday Masses:**

**Manly:** Tuesday - Friday 9:15am

**Freshwater:** Tuesday - Friday 9:15am

**Baptisms:** please contact the parish office  
*Manly* 4th Sunday of the month  
*Freshwater* 2nd Sunday of month

**Reconciliation:** *Manly* Sat 10am - 11am

**St Mary's Primary School** 9977 2225

*Principal: Paul McGuire*

**St John the Baptist Primary School** 9939 6699

*Principal: Alicia van der Merwe*

**St Paul's Catholic College** 9977 5111

*Principal: Michael Reid*

**Stella Maris College** 9977 5144

*Principal: Elizabeth Carnegie*